



Class Schedule May 2017

**Call about
Private Spin or
Boot Camp Classes**

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Morning							
8:00		Boot Camp 60 min		Boot Camp 60 min		Boot Camp 60 min	
8:30	Spin 60 min		Spin 45 min		Spin 45 min		Spin 45 min
9:30		Spin 45 min		Spin 45 min		Spin 45 min	
10:15		Group Weight 45 min		Group Weight 45 min		Group Weight 45 min	